



Bring Your Group to Pumpkin Hollow Retreat Center

Are you looking for a place to hold a gathering for your group? Consider the peaceful and natural setting of Pumpkin Hollow Retreat Center, where generations of individuals, families and groups have been meeting since 1937.

BEAUTY of the GROUNDS

- 137 acres of woodlands and open fields
- Gorge, waterfall and stream
- Nature trails for walking and hiking
- Walking labyrinth
- Vegetable garden
- Swimming hole in Taconic Stream
- Campfire grove

FACILITIES

- 2 Meeting rooms: Meditation hall and conference room
- Dining hall serving vegetarian meals
- Library and Bookstore
- Guest rooms: farmhouse, dormitories and rustic cabins (65-70 guests)
- November-April: 25-30 guests
- 5 Tent Sites
- Commuters welcome

COOPERATIVE COMMUNITY

- Meals prepared by staff and volunteers
- After-meal cleanup chores shared by all
- Vegetarian, no alcohol, no drugs

SUPPORT ACTIVITIES

- Group meditations
- Contemplative nature walks
- Campfires
- Yoga or Massage session additional fee

PLANNING YOUR EVENT

- Flexible scheduling
- Group leader communicates with staff to discuss activities, meal plans, accommodations preferences, etc.
- Small group programs may run concurrently

RATES

- \$100/day per person (includes 3 meals, lodging, use of facilities and grounds)
- Commuter \$70/day per person (includes 3 meals, use of facilities and grounds).
- Single day retreats: \$43/day per person (includes breakfast and lunch, use of facilities and grounds)

COME SEE US

If you haven't visited before, come and see for yourself the natural beauty of the Hollow, the accommodations, and meeting places available. Call 518-325-3583, to set an appointment for a guided tour. A short introductory DVD tour of Pumpkin Hollow accommodations and grounds is available.

Pumpkin Hollow is affiliated with the Theosophical Society a non-profit organization with branches in 60 countries around the world with their headquarters in India. The Theosophical Society is devoted to human solidarity, cultural understanding and self-development. Information about the Theosophical Society in America is available: www.theosophical.org.

Pumpkin Hollow Retreat Center, 1184 Rte 11, Craryville NY 12521

518-325-3583 - E-mail: pumpkin@taconic.net

web-site: www.pumpkinhollow.org

APPLICATION: BRING YOUR GROUP TO PUMPKIN HOLLOW RETREAT CENTER

Name of group _____

Address _____

Phone _____ E-mail _____

Group leader or representative for event _____

Phone _____ E-mail _____

- How did you learn about Pumpkin Hollow?
- How many people are interested in attending? _____
- Suggested dates (please provide a few alternatives, if possible): _____
- How would you describe the intent or purpose of your group activities?
- Is your group affiliated with another group or organization of any kind? If yes, please describe your affiliation.
- Do you anticipate any special needs, such as medical or food requirements? If yes, please explain.
- Please provide three references with names, addresses and phone numbers. (This may be waived at the discretion of Pumpkin Hollow). Use back of form.

Audio Visual Equipment is available if requested in advance

- For a 2-3 day retreat: Deposit of 1/3 of the total fee per person will be required one month prior to the reserved retreat date.
- A non-refundable deposit of \$25 per person is necessary to reserve the retreat date.
- Two weeks prior to the retreat we need to know the number of participants so that adequate preparation may be made by Pumpkin Hollow.
- Payment of the balance is due on arrival at your group retreat. **Check, cash, Visa and MasterCard accepted. Make checks payable to Pumpkin Hollow Foundation.**

Signature _____ Date _____

Return to: Pumpkin Hollow Retreat Center, 1184 Route 11, Craryville NY 12521
Questions: 518-325-3583 or -- e-mail:pumpkin@taconic.net

Sample Weekend Schedule

(2 day workshop)

FRIDAY

After 4 pm - Arrival and check-in
6:30 pm - Dinner
8:00 pm - Orientation to Pumpkin Hollow and Opening group session

SATURDAY

Group Meditation and Breakfast
Group Morning session
12:30 pm - Lunch
Group Afternoon session or Support activity
6:30 pm - Dinner
Evening Session

SUNDAY

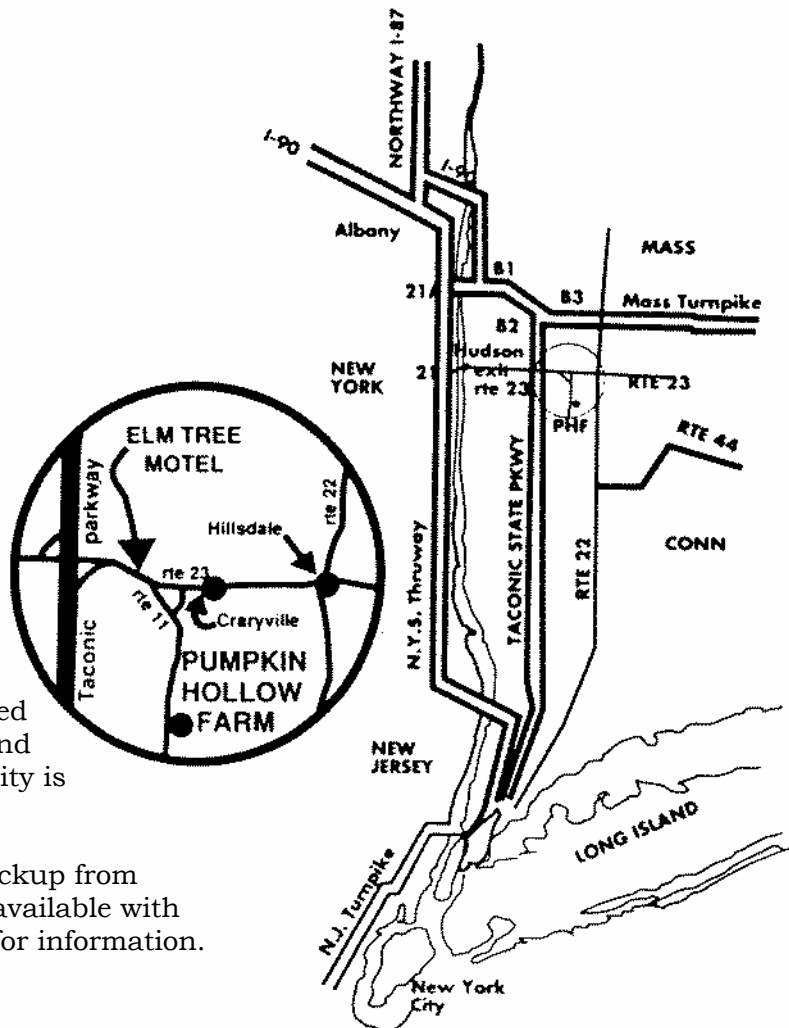
Morning schedule same as Saturday: Group Closing Session Departure after Lunch

ONE DAY RETREATS: Continental breakfast on arrival and lunch at 12:30

LOCATION -

Pumpkin Hollow is conveniently located 2 1/2 hours north of New York City and 3 hours west of Boston. The nearest city is Hudson, NY.

For those living in the NYC: limited pickup from Metro-North Wassaic station may be available with advance planning. Contact the office for information.



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