

Pumpkin Hollow Retreat Center

1184 Route 11, Craryville, NY 12521

DUE DATE: April 15th

Telephone: 518-325-3583
E-mail: pumpkin@taconic.net
Web Site: www.pumpkinhollow.org
TT Web Site: www.therapeutictouch.org

Therapeutic Touch Invitational Practitioner Mentorship Program

This notice invites you to make application to participate in the TT Mentorship Invitational Program. The Mentorship program is an unique opportunity to receive focused and individualized attention towards deepening your TT practice. Learning occurs in small groups in which are tailored the needs of each participant. The setting is relaxed and supportive. The Mentorship program also provides a chance to network with like-minded practitioners. Past participants have said that the mentorship program has increased their confidence as a TT practitioner. They have also said that they have found the program to be "rewarding and powerful".

This year, the Mentorship program will have two tracks. Track one is intended for TT therapists who are just beginning their practice - for those who have taken a Basic workshop and have a year of practice. Track two is intended for TT therapists who have taken a Intermediate level and have a year of practice and are ready for advanced study. The Mentorship workshop provides strong support to the students as they develop a deeper understanding of TT. The workshop will be conducted by **Dolores Krieger, Ph.D., R.N., Shirley Spear Begley, RN, BFA, HNC, NCTMB, QTTT** and advanced therapeutic touch therapists, chosen by Dr. Krieger. The learning/teaching atmosphere will be a cooperative joint venture between mentors and students.

Pumpkin Hollow is a 130-acre retreat center situated in a hollow at the foot of the Berkshires, some 30 miles south of Albany, NY. The Taconic stream flows through the property, providing a swimming hole and waterfall, before meandering on through a deep gorge. Trails have been cleared through the wooded area for hiking or for communing with nature. Vegetarian meals are shared in our large community dining room, with much of the food coming from Pumpkin Hollow's own organic garden. Eggs and dairy products are included in the menu.

Accommodations consist of rustic cabins with modern plumbing, and a few rooms in the main house, rooms will be shared by two or more persons. Pumpkin Hollow provides linens, blankets and pillows. Tenters must bring their own tent, sleeping bag, and towels and can choose from several tenting sites. The atmosphere at the Hollow is casual and relaxed. Workshop activities are held in the Meditation Center, the EBS Educational Center, and the living room. TT therapists are invited in stillness, to the Healers' Sanctuary situated among the hemlock trees to open to the universal healing energies and become refreshed.

TT Mentorship Invitational Program: July 17 - 22, 2009

Starts Friday evening with dinner and ends Wednesday afternoon following lunch.
Tuition, Room & Meals: \$480 (\$395 for Tenters)

A group of volunteer workers are in residence to share in the work and activities of the Hollow. Guests are asked to involve themselves in this cooperative effort by keeping their rooms tidy and by helping in after-meal clean-up. Contact Hours are available. This Educational Activity has been approved by the New York State Nurses Association's Council on Continuing Education which is credited by the American Nurses' Credentialing Center's Commission on Accreditation. This workshop also qualifies for college and university credits for independent study. Arrangements through your college or university have to be made in advance.

Upon acceptance of your application, a deposit of \$150 is required to register, of which \$75 is **non-refundable**. Entire deposit is forfeited if registration is not canceled **THREE** weeks prior to the workshop. Applications will be accepted for the full workshop period, Friday to Wednesday, and must be received by **April 15th, 2009** to be considered. All applications will be reviewed and are subject to the approval of **Dr. Krieger**.

Practitioners of Therapeutic Touch are invited to refer patients of the Advanced Invitational or Mentorship Healers' Workshop by having them request a **PATIENT APPLICATION FORM**. Please call, write or e-mail.

MAKE TWO (2) DUPLICATES AND MAIL ALL THREE (3) COPIES BACK.

Mail to:

PUMPKIN HOLLOW RETREAT CENTER
1184 Route 11
Craryville, New York 12521

Mentorship Workshop Prerequisites for Students:

Must have completed a) basic TT workshop or b) intermediate TT workshop plus one years' experience in the practice of TT. Acceptance will be limited to those who are health professionals or lay persons involved in health-related activities, such as hospice volunteers.

INSTRUCTIONS:

Fully answer all the questions below to the best of your ability. The decision by Dr. Krieger to accept your application to this workshop will be strongly influenced by this written information.

If additional space is needed, please clearly type the material, double-spaced, on a plain white paper and send all three copies with your application.

Name

Address

City/State/Zip

Phone (Home)

(Work)

E-mail

Fax

Profession

Profession License #

Licensing Body

Social Security# (for contact hours)

Employer

Do you Prefer to Stay in: Pumpkin Hollow Housing Camp Out in Own Tent

I am also interested in applying for independent study credit through my college/university (if so, attach objectives to this application and list your college or university).

Evaluate your strengths and weaknesses as related to Therapeutic Touch:

Do you practice other healing therapies? If so, which ones?

What is your personal objective(s) in participating in the Mentorship Program?

What mentoring would be most helpful to you at this time?

In order to anticipate and provide for the needs of all those who attend the workshops -- patients, students, and teachers -- it is important to know if you have a psychological or physical medical condition. Please describe any ongoing medical conditions you have (this in no way prejudices your application) and indicate whether you would like to be treated with Therapeutic Touch.

List previous Therapeutic Touch workshops attended. Indicate instructor(s), the length of the workshop and whether it was basic, intermediate, or advanced level of study. Attach additional sheets if necessary.

Describe your professional background or lay health related activities:

List your extracurricular activities and interests related to Therapeutic Touch:

List two goals regarding your Therapeutic Touch practice five years from now, and how do you visualize those goals being achieved?

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2009 Invitational Mentorship Program Mentors' Bios

Shirley Spear Begley - Coordinator

RN, BFA, HNC, NCTMB, QTTT

is the Executive Director of Integrated Health Care Systems, a holistic nursing consultation and education organization based in St. Petersburg, FL. Shirley is on the faculty at the University of South Florida College of Nursing and has had an active private practice using TT as a primary modality for 15 years. Through her on-going courses and mentorship programs, her students work with residents in nursing facilities and in-patient hospices. A national lecturer on TT, guided imagery and holistic nursing, she also leads healing retreats for healthcare professionals. Her primary approach to TT is based on the importance of centering and the development of compassion in its practice. She encourages her students to deepen their awareness by combining a knowledgeable foundation of TT with trusting one's personal experience. Shirley currently works with "The Hospice of the Florida Sun Coast".