

Pumpkin Hollow Retreat Center

a pastoral sanctuary in support of the essential spirituality of the individual in its effort to be integrated into day-to-day relationships with all beings.

THERAPEUTIC TOUCH MENTORSHIP INVITATIONAL PROGRAM

**** mentoring as an inner lifestyle****

July 18 – 23, 2008

Director, Dolores Krieger, PhD, RN

Coordinator, Shirley S Begley, BFA, RN, HNC, QTTT

Developed within a context that implies that *mentorship* reflects and draws out of each of us our own beauty, strength and wisdom, this Workshop is designed to meet the full range of personal and interactional needs which may arise for the Therapeutic Touch (TT) therapist during healing sessions. The Workshop has been developed to serve therapists at all levels of expertise. Arrangements can be made for individuals who are doing in-depth personal studies on the TT process, independent college studies on TT, or those who wish to apprentice as a teaching aide in the Pumpkin Hollow TT Mentorship Invitational. Participation in this Invitational is by application, which is reviewed by the Coordinator and the Director.

All faculty have extensive experience in the clinical practice, teaching and/or research of the Therapeutic Touch process, and have notable credentials as mentors.

The Therapeutic Touch Mentorship Invitational offers the participant an opportunity under the guidance of creative and accomplished mentors to hone her TT skills and to deepen her understanding of Therapeutic Touch as a dynamized, interior process. In its matured form, this vitalizing interaction engages the therapist at the transpersonal level, and helps her to actualize her potentials to be compassionate and therapeutic to those who are ill, in trauma, or who are in deep fatigue. The participant will be engaged in a number of learning skills through exposure to lectures, seminars, small-group discussions, role playing, and one-on-one interviews with their mentors.

Your mentor will be prepared to guide you through a wide variety of new learnings, and puzzling questions about the fine structures of subtle energy flows, and their patternings and re-patterning. She also can help you with various other queries about the TT process, its effect as a personal growth experience and as an interactional therapeutic tool.

For instance:

- how to maintain a stress-free state of sustained centering throughout the TT session
- how to fine-tune your TT assessment skills
- how to develop a clear focus of mind when helping the healee to rebalance his entangled subtle energy systems
- how the phases of the TT process fit together and become an integrated healing interaction
- how TT practice sensitizes the therapist, and how to prevent over-sensitization
- how to reintegrate one's worldview as the TT therapist works through deepening TT practices
- what are the future challenges of Therapeutic Touch in an increasingly high tech culture

There are many more avenues of discussion and learning that await you as TT therapist. For application and further information about this interesting and challenging event, contact:

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Shirley Spear –Begley is the Executive Director of Integrated Health Care Systems, a holistic nursing consultation and education organization based in St. Petersburg FL. Shirley is on the faculty at the University of South Florida College of Nursing and has had an active private practice using TT as a primary modality for 15 years. Through her on-going courses and mentorship programs, her students work with residents in nursing facilities and in-patient hospices. A national lecturer on TT, guided imagery and holistic nursing, she also leads healing retreats for health care professionals. Her primary approach to TT is based on the importance of centering and the development of compassion in its practice. She encourages her students to deepen their awareness by combining a knowledgeable foundation of TT with trusting one's personal experience. Shirley currently works with "The Hospice of the Florida Sun Coast".